



# DIY WORKSHOPS

PRESENTED BY  
FLEA BODY'S ANTIQUE MALL

Curious how to transform your rescued, inherited, or outdated furniture pieces?

Join us for a day of DIY Workshops, presented by Jody from Flea Body's

And don't miss  
**Make & Take Tile Trivets**  
from 10:00 to 1:30!



**Saturday, March 16th**  
10:00am to 1:30pm  
**Hotel Ballast**  
301 N. Water Street



## KITCHEN CABINET PAINTING

**10:00 - 10:30AM**

Want to paint your kitchen cabinets but don't know where to begin? Come watch a live demo by Jody. She will show you how Fusion Mineral Paint can make updating your kitchen easy and stress free!

## UPHOLSTERY CHALK PAINTING

**10:45 - 11:15AM**

Have an old worn chair that you love but don't have hundreds of dollars to reupholster it? This live demo shows how you can paint your fabric with Autentico Vintage Style Chalk Paint to revive your chair and prolong it's life for years to come!

## PAINT 101

**11:30 - 12:00PM**

Come learn the difference between various paints on the market today. Jody will demonstrate how to use milk paint, acrylic paint, and chalk paint on your various projects and how to determine which paint is best for you!

## KITCHEN CABINET PAINTING

**12:15 - 12:45PM**

Want to paint your kitchen cabinets but don't know where to begin? Come watch a live demo by Jody. She will show you how Fusion Mineral Paint can make updating your kitchen easy and stress free!

## WHICH PAINT IS BEST FOR MY FURNITURE

**1:00 - 1:30PM**

Learn the difference between chalk, mineral, and milk paint. This demo will teach you how to decide which is best for your painting projects.

FOR MORE INFORMATION, VISIT  
[CAPEFEARHABITAT.ORG/UPSCALE-RESALE](http://CAPEFEARHABITAT.ORG/UPSCALE-RESALE)