

At Home Activities for Habitat Future Homeowner Partnership Hours During COVID 19

Please email me your finished projects, or take pictures of them and email/text them to me. Call me if those options don't work for you. 910-777-7096

Typical credit is 2-3 hours depending on the project (unless otherwise stated), with a range of 1-4 hours depending on *unusual* levels of effort.

PICK FROM ANY OF THE OPTIONS BELOW THAT YOU HAVE NOT ALREADY DONE.

(2-3 hours credit) Write about your perspective of the COVID 19 experience:

- Tell us about what your life is like right now. How has it changed for the time-being?
- What has been difficult to adjust to?
- What good has come out of this that you have seen or experienced?
- What would you like others to know about your experience that might be different than the experiences of others?
- What is your current home situation like? _____
- If you have children, how are they handling the school changes?
- What are your thoughts on being in the middle of your Habitat Homeownership Process during this uncertain time?
- What thoughts of HOPE do you have?
- What are you seeing in the community around you? Any other thoughts to add?

(2-3 hours credit) Take a Walk and Clean up Challenge (involve the whole family, and make it fun):

- Pick a place you'd like to go for a walk or road/block you'd like to help clean. This can be near your home or anywhere else.
- Be sure to wear gloves and bring a trash bag
- Go out and enjoy the beautiful day (or morning, or evening) while you walk and pick up litter.
- *Make sure you continue to practice safe social distancing*
- Send us pictures of you/the kids in action
- Send us a picture of you holding the bag of litter when you're done
- Let me know where this happened (name of street(s))

(2-3 hours credit) Cleaning Challenge (involve the whole family, and make it fun):

- Set a timer for 5 minutes each day to clean as much as you can at home in that 5 minutes.
- Do this for 7 days straight.
- Each day, write down everything you were able to clean or straighten up in that 5 minutes
- Turn in your final results at the end of this one week period.

(2-3 hours credit) Let's make a Habitat Cookbook!

- Contribute 2 of your MOST favorite, inexpensive recipes to be a part of a Habitat Cookbook!
- Please include ALL of this information for the most credit:
 - ✓ ingredients (with measurements when applicable)
 - ✓ cooking instructions
 - ✓ approximate cost of this meal
 - ✓ approximate number of servings

(2-3 hours credit) **Find 10 recipes that can feed your family for less than \$10 dollars** (try for \$5 if it's just 1 or 2 of you!)

- Name each meal
- List the ingredients
- How much each ingredient costs (look it up online)
- Indicate what you already have at home
- Share where you got the recipes from (can be a book, website, your own memory, family recipes, etc...)
- Tell me which ones you have tried and which ones will be new to your family

(2-3 hours credit) **Turn in a “diary of spending” for the month.**

- Track your spending down to the penny, every single transaction.
- At the end of the month, write down your observations:
 - Is there something you'll try spending less on next month?
 - Is there something you'd like to save more room for next month?
 - How has COVID 19 impacted your spending?

(2-3 hours credit) **Build a list of contractors and their contact information** you would call on *tomorrow* if you owned your house right now and needed their services immediately. Include a plumber, electrician, roofer, general contractor, pest control, to start with. Add more if you can!

(2-3 hours credit) **Write a “letter” of encouragement to a person who will be a future Habitat Homeowner** who hasn't made it to this point on the journey of homeownership quite yet.

(2-3 hours credit) **Send us your detailed monthly budget** for the next pay period or month. If you need ideas for a budget sheet, try to Google “Monthly Budget Sheet” and see which one appeals to you. If you can't find one, let us know and we'll send you one.

(2-3 hours credit) **Inventory all the food you have** in your home at the moment, and **create a list of all the possible meals** that can be made from them. For full credit, pretend you're in a pinch and you need to feed your family with only what's there. This can include simple meals like PB&J Sandwiches, fruits+nuts+cheese, yogurt and berries, etc...

Online Learning for Partnership Activity Credit during COVID 19

- **Smart About Money** is a free Online financial education curriculum offered by National Endowment for Financial Education. Learn by reading and use valuable tools and resources including worksheets, calculators and quizzes. *If you've already completed some modules, you may choose to do more.*
Each module is worth 45 minutes.

*To receive credit: Send a screenshot or picture of your screen that says "congratulations you've completed this course!" to amy@capefearhabitat.org.

Click "Register for free" at the top of [this webpage](#) to begin. There are 5 modules available. 1) Spending and Saving, 2) Credit and Debt, 3) Insurance, 4) Investing, 5) Employment

- **Cleaning Home Video Curriculum** (learn by watching/listening – Closed Captioning provided)
If you've already completed some videos, you may choose to watch more.
Each video with a paragraph is worth 1 hour.

*To receive credit: Including the video name, and write a short paragraph about what you learned and what you liked most about the video. Send to

amy@capefearhbitat.org, or take a picture of the written material and email or text to 910-777-7096

Click the links below to take you directly to the video content:

- [Video](#): Rundown Apartment: Renters Tips for cleaning
- [Video](#): ADHD and the Clutter Connection
- [Video](#): What to do when you hate to clean
- [Video](#): Cleaning Triggers if you Hate to Clean
- [Video](#): How to Clean through Depression
- [Video](#): How to Prevent Mold and Mildew
- [Video](#): Unclutter Your Life
- [Video](#): Cleaning is not a punishment – Teach Kids to Clean
- [Video](#): Kids can do Laundry
- [Video](#): Teaching kids how to wash dishes
- [Video](#): How to teach kids to clean – clean you room it's fun!
- [Video](#): How to Make House Cleaning Fun For Kids