From: To: Cc: Bcc: <u>Amy Davis</u> <u>Amy Davis</u>

New At-Home Activity Available for August Friday, August 7, 2020 4:42:00 PM

Subject: Date:

Hello, everyone! I will be out next week on "vacation" (at home), but wanted to let you know there is a new activity you may choose to do from home if you'd like, and there will be more to come when I get back. (Restores and construction remain open for you to sign up for as well). See below:

You will be working with a list of 52 "challenges" to choose from to focus on the organization of various areas of your home and life.

This project is available to you because of the positive feedback I have received about the cleaning videos activity, especially related to challenges with clutter and keeping things organized while we lead very busy lives and little time for rest and play. When our surroundings feel neater, we feel better, are healthier and more at peace. So I hope you enjoy working through some of these!

You will earn <u>6 hours</u> of Partnership Activity for each challenge completed with photos and small **paragraph**, not to exceed 3 challenges per month per family.

Instructions:

- 1. Click this link and pick a challenge that you feel you need or want to improve on.
- 2. Click the link to your challenge and read the content.
- 3. Follow the steps given
- Take Before and after pictures (no judgement or sharing, I promise!) this is required for credit!
- Write a small paragraph about the experience. Was it helpful? Will you continue this practice? What did you like about it, what was difficult about it, etc... - Also required for credit!
- 6. Send pictures and paragraph to <u>amy@capefearhabitat.org</u> or text to 910-777-7096. (Don't forget to let me know which challenge you were working on!)

Stay tuned for further at-home options to come in about a week. I hope you all enjoy your weekend!

Amy Davís

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